



2019 Optimist Canadian Championships / Championnats Canadiens Optimistes 2019

BRITANNIA YACHT CLUB
OTTAWA, ONTARIO CANADA
Canadian Optimist Dinghy Association
August 14-20, 2019



GREEN FLEET SAILING INSTRUCTIONS (SI) As Amended on August 13, 2019

You are cordially invited to attend the Canadian Optimist Championships 2019, being held at Britannia Yacht Club, Ottawa on August 14 – 21, 2019. Participants, coaches and their families are welcome before and after these dates.

The Organizing Authority (**OA**) is Britannia Yacht Club (**BYC**), working with the Canadian Optimist Dinghy Association (**CODA**).

The following words have specific meanings:

- **“Class”** refers to the Optimist Class
- **“Fleet”** refers to the Championship and Green Fleets
- **“Flight”** refers to sets of boats racing together in a series
- **“NP”** means not protestable by a competitor
- **“DP”** means that a penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification

1. Rules

- 1.1** The championship will be governed by rules as defined in The Racing Rules of Sailing (RRS).
- 1.2** The Prescriptions of Sail Canada apply and can be seen at:
https://www.sailing.ca/files/RRS_2017_2020_Sail_Canada_Prescription_Final_EN.pdf
- 1.3** The International Optimist Class Association (IODA) Class Rules will apply. (<http://www.optiworld.org/> / <http://www.optican.org/>).
- 1.4** CODA code of conduct will apply, and can be found at <http://www.optican.org/coda-code-conduct>. Competitors, coaches, parents and guardians shall abide by the CODA Code of Conduct. This includes behaviour both on and off the water.
- 1.5** The **RRS** is changed as:
 - a) While on the water each competitor shall wear an approved personal flotation device (PDF) per IODA Rule 4.2(a), properly secured at all times while on the water except when temporarily adding or removing clothing [**DP**][**NP**]. This changes RRS 40.
 - b) Breaches of sailing instructions marked [**NP**] will not be grounds for protest by a boat. This changes RRS 60.1(a).
- 1.6** If there is a conflict between languages the English text will take precedence.
- 1.7** A loaned or chartered boat may carry national letters or sail numbers for the boat belonging to the person in charge. Digital 8 sail numbers are permitted for this championship.
- 1.8** On-the-water coaching by registered coaches is allowed.
- 1.9** Competitors are required to sign out before leaving harbour and sign in when entering harbour [**DP**]. Sign in/Sign out sheets will be available inside the junior club from 09:00 to 18:00 hours. Failure to sign in, sign out may result in a DSQ [**DP**].
- 1.10** When code flag D is displayed from the club flagpole; the harbour is under control of the Shore Master.





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Competitors may not leave the harbor unless Code Flag D and their flight colours are displayed from the flag. mast.

In weather requiring all boats to return to harbour or other safety issues, all boats (RC, Safety, and Support boats) come under the direction of the RC and shall be able to and ready to tow participants back to harbour. Spectator boats should help in this endeavor if able to do so.

2. IDENTIFICATION

During the championship, boats and dollies shall have storage (location) numbers assigned. This assignment will remain the same throughout the championships.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at north west corner of the main club house.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed at the flag mast located at the harbour entrance.
- 5.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes".
- 5.3. When "T" flag is signaled on the club flag mast, towing out of and into the harbour is mandatory.
- 5.4. There will be tow boats for each flight leaving the harbour.
- 5.5. Support Boats flying Code T will be able to tow flights back into the harbour.

6. EXCLUSION ZONES (see Appendix A)

- 6.1. Competitors shall stay well outside a line from a red mark north of the harbor entrance to the white "keep out" buoys west of the Deschenes Rapids. The rapids shown to the north of the club are extremely dangerous.
- 6.2. Competitors shall not sail south of a line between Green Spar KNB and the Britannia Pier.
- 6.3. Competitors should stay away from Blueberry shoal (K4).





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7. RACE SCHEDULE

7.1. Racing days include Friday the 16th, Saturday the 17th, Monday the 19th, and Tuesday the 20th. August the 18th is a lay day.

Day	Activity	Launch Ramp Opens	Earliest Warning Signal	Latest Warning Signal
Friday August 16th	Racing	On Flight flag	1200	1600
Saturday August 17th	Racing	On Flight flag	1200	1600
Monday August 19th	Racing	On Flight flag	1200	1600
Tuesday August 20th	Racing	On Flight flag	1200	1400

8. THE COURSE

- 8.1. The diagram in Appendix B show a windward/leeward course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. In heavy winds at the discretion of the RC, the course maybe aligned as a reach – reach course.

9. MARKS

Marks will orange tetrahedrons.

10. TARGET TIME

- 10.1. The target time for a race is 30 minutes
- 10.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing **[NP]**. The score of such boats shall be number of finishers+1. This changes RRS 35, A4 and A5.
- 10.3. The Race Committee may, at its discretion, finish a boat on the course. This changes RRS 35, A4 and A5.

11. SCORING

No series scoring shall be provided.

12. THE START

- 12.1. The class flag is the green optimist flag.
- 12.2. Starts shall be between spars flying orange flags, the port end spar on an anchored boat, the starboard end spar a pin mark.
- 12.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.





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12.4. A boat that does not start within 4 minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing [NP].

13. THE FINISH

13.1. Finishes shall be between spars flying blue flags, the port end spar on an anchored boat, the starboard end spar a pin mark.

13.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored points equal to the last finisher plus 1, without a hearing. This changes RRS 35, A4 and A5.

14. PROTESTS AND REQUESTS FOR REDRESS

14.1. Except as provided under RRS 86.1, protests and requests for redress shall be not heard.

14.2. In light of disagreements between boats, sailors and coaches may request a judge to discuss the incident as desired by one or more competitors. This changes RRS Part 5.

15. SAFETY REGULATIONS

A boat that retires from a race shall notify the Principle Race Officer or their delegate as soon as possible.

16. REPLACEMENT OF CREW OR EQUIPMENT

Requests for substitution shall be made to the Principle Race Officer or their delegate at the first reasonable opportunity.

17. OFFICIAL BOATS

Class of boat	Flag flown
Coaches	White flag with a black "C"
Special Tow boats	White flag with black "T"
Signal boat	When not active on a course shall display their "course" flag"
Spectator Boats	May fly a club burgee.
Safety Boats	White with Red Cross
Photographer	White flag with camera

18. SUPPORT BOATS

Spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished racing for the day or the race committee delays racing (flies "Alpha"). [DP]

19. TRASH DISPOSAL

Trash may be placed aboard support or official boats.

20. RADIO COMMUNICATIONS

20.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not





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receive voice or data communication that is not available to all boats.

20.2. VHF broadcasts by the Race Committee concerning safety and procedures will be on VHF 72.

20.3. All coach boats shall have VHF radios and monitor them throughout the regatta.

21. PRIZES

A participation award shall be given to every participant in the green fleet.

22. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk (RRS 4, Decision to Race). The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the championship, to fullest extent of Canadian law.

23. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 CAN per incident or the equivalent.



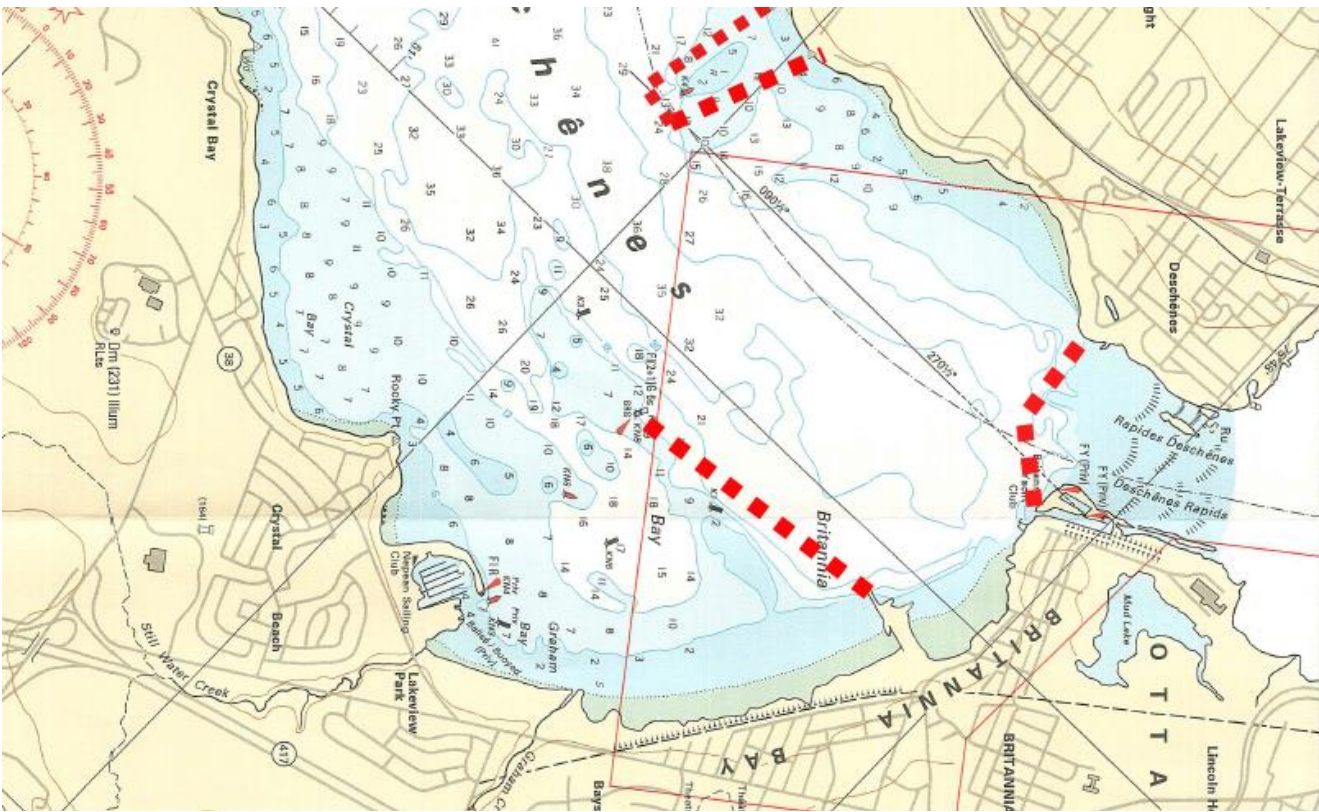


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Appendix A Course Area





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Appendix B Green Fleet Course

