



2019 Optimist Canadian Championships
Championnats Canadiens Optimistes
BRITANNIA YACHT CLUB
Canadian Optimist Dinghy Association
August 14-20, 2019

SAILING INSTRUCTIONS (SI)
As Amended August 13, 2019
SECTION 1 INTRODUCTION

You are cordially invited to attend the Canadian Optimist Championships 2019, being held at the Britannia Yacht Club, Ottawa on August 14 - 20, 2019. Competitors, coaches, and their families are welcome before and after these dates.

The Organizing Authority (**OA**) is Britannia Yacht Club (**BYC**) working with the Canadian Optimist Dinghy Association (**CODA**).

The following words have specific meanings:

- “**Class**” refers to the Optimist Class
- “**Fleet**” refers to the Championship and Green Fleets
- “**Group**” refers to the division of the class into Silver and Gold groups based on qualifying series results.
- “**Flight**” refers to set of boats racing together in a series
- “**NP**” means not protestable by a competitor
- “**DP**” means that a penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification
- “**Daily Flight Schedule**” indicates that each boat has competed against all other competitors

1. RULES

- 1.1.** The championships will be governed by rules as defined in The Racing Rules of Sailing (RRS).
- 1.2.** The Prescriptions of Sail Canada apply and can be seen at:
(https://www.sailing.ca/files/RRS_2017_2020_Sail_Canada_Prescription_Final_EN.pdf)
- 1.3.** The International Optimist Class Association (**IODA**) Class Rules, Regatta Manual and the Canadian Optimist Dinghy Association (**CODA**) championship rules will apply. (<http://www.optiworld.org/index.php/> / <http://www.optican.org/>)
- 1.4.** CODA Code of Conduct will apply, and can be found at: <http://www.optican.org/code-conduct>. Competitors, coaches, parents, and guardians shall abide the CODA Code of Conduct. This includes behavior on and off the water.
- 1.5.** The **RRS** will be changed as below:
 - a)** While on the water each competitor shall wear an approved personal flotation device (PDF) per IODA Rule 4.2(a), properly secured at all times while on the water except when temporarily adding or removing clothing [**DP**][**NP**]. This changes RRS 40.
 - b)** Breaches of sailing instructions marked [**NP**] will not be grounds for protest by a boat. This changes RRS 60.1(a).
- 1.6.** If there is a conflict between languages the English text will take precedence.
- 1.7.** RRS 63.1 is changed to allow for Arbitration in accordance with RRS Appendix T.
- 1.8.** A loaned or chartered boat may carry national letters or sail numbers for the boat or for a boat belonging to the competitor in charge. Digital 8 sail numbers are accepted at this championship.



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- 1.9. RRS Appendix D will apply to Team racing.
- 1.10. Competitors are required to sign out before leaving the harbour and sign in after returning to the harbour **[DP]**. Sign in/ Sign out bracelets will be available at the junior club from 0900. Failure to sign in, sign out may result in a DSQ **[DP]**
- 1.11. When code flag D is displayed from the club flagpole; the harbour is under control of the Shore Master. Competitors may not leave the harbor unless Code Flag D and their flight colours are displayed from the flag mast.
- 1.12. Points accumulated in the qualifiers shall be included in championship scores.

In weather requiring all boats to return to harbour or other safety issues, all boats (RC, Safety, and Support boats) come under the direction of the RC and shall be able to and ready to tow participants back to harbour. Spectator boats should help in this endeavor if able to do so.



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Section 2 Rules Common to All Racing and Boats

2. IDENTIFICATION

During the championship, boats and dollies shall have storage (location) numbers assigned. This assignment will remain the same throughout the championships.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board(s) located at the north west corner of the main club house

4. CHANGES TO SAILING INSTRUCTION

Any changes to the sailing instructions will be posted before 0900 on the day they will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. SIGNAL MADE ASHORE

- 5.1. Signals made ashore will be displayed at the flag mast located at the harbour entrance.
- 5.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes"
- 5.3. When "T" flag is signaled on the club flag mast, towing out of and into the harbour is mandatory.
 - a) There will be tow boats for each flight leaving the harbour
 - b) Support Boats flying Code T will be able to tow flights back into the harbour.

6. EXCLUSION ZONES (see Appendix A)

- 6.1. Competitors shall stay well outside a line from a red mark north of the harbor entrance to the white "keep out" buoys west of the Deschenes Rapids. The rapids shown to the north of the club are extremely dangerous.
- 6.2. Competitors shall not sail south of a line between Green Spar KNB and the Britannia Pier.
- 6.3. Competitors should stay away from Blueberry shoal (K4).



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SECTION 3 RULES COMMON TO QUALIFIERS AND CHAMPIONSHIPS

7. THE COURSE

7.1 The diagram in *Appendix C* shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8. MARKS

8.1 Marks will be yellow tetrahedrons.

8.2 New marks, as provided in SI 12.1 will be a different colour tetrahedron or be banded with a black band.

9. TIME LIMITS AND TARGET TIMES

9.1 Time limits and target times are as follows:

MARK 1 Time Limit	Target Time
20 minutes	50 minutes

9.2 If no boat has passed Mark 1 within Mark 1 time limit the race will be abandoned

9.3 Failure to meet the target time will not be grounds for redress **[NP]**. This changes RRS 62.1 (a).

9.4 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing **[NP]**. This changes RRS 35, A4, and A5

9.5 The Race Committee may in its discretion, finish a boat on the course. Scores for such boats will be the same as DNF. This changes RRS 35, A4 and A5.

10. The Start

10.1 The starting line will be between spars displaying orange flags on anchored boats. A spacer mark will be anchored close to port end starting boat. Boats may not pass between the spacer and the port end start boat. **[DP]**

10.2 Boats not racing shall stay 75 meters from the starting line during the starting sequence for other races. **[DP]**

10.3 A boat that does not start within 4 minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing **[NP]**.

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent mark is replaced, it will be replaced by an original mark.

11.2 Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

12. THE FINISH

Finishes shall be between spars flying blue flags, the port end spar on an anchored boat, the starboard end spar a pin mark.



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13. SCORING

- 13.1** A boat disqualified from racing [DSQ] shall be awarded points equal to the number of boats registered in the championship fleet.
- 13.2** Did Not Finish (DNF) will equal to the number of boats in the start flight +1. Did Not Start [DNS] will equal [DNF] +2. A boat that fails to sign out shall be scored DSQ for all races that day.
- 13.3** A boat that fails to sign in before the protest expiry time limit shall be scored DSQ for all races that day.
- 13.4** Boats in the championship round will retain the points they received in the qualification round.
- 13.5** Rule 44.1 is changed to permit a boat that has broken a rule of Part 2 or rule 31 to take a penalty after racing but prior to any protest hearing as provided in RRS Appendix T1. The boat shall complete an acknowledgment form at the Jury Desk within the protest time limit.
- 13.6** A boat that has taken a penalty or retired under rule 31 or 44.1 shall complete an acknowledgment form at the Jury Desk within the protest time limit.

14. PENALTY SYSTEM

- 14.1** RRS Appendix P will apply.
- 14.2** RRS P2.3 will not apply and RRS P2.2 is changed to apply to any penalty after the first one.

15. ARBITRATION

Procedures for Arbitration will be in accordance to RRS Appendix T.

16. PROTEST AND REQUESTS FOR REDRESS

- 16.1** Protest forms are available at the race office in the Bruce Nuek (northwest corner of the clubhouse). Protest and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2** The protest time limit is 60 minutes after the Signal boat has docked following the last race of the day.
- 16.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearing will be held in protest rooms as directed by Protest secretary.
- 16.4** Notices of protest by race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 16.5** A list of boats, that under RRS Appendix P have been penalized for breaking RRS 42 will be posted.
- 16.6** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62. 2
- 16.7** Decisions of the protest committee will be final for the qualifying series as provided by RRS 70. 5

17. SAFETY REGULATIONS

A boat that retires from a race shall notify the Principle Race Officer or their delegate as soon as possible. **[DP]**



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18. REPLACEMENT OF EQUIPMENT

Requests for substitution shall be made to the Principle Race Officer or their delegate at the first reasonable opportunity. **[DP]**

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1** Afloat, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection.
- 19.2** In the championship series, the top ten finishes shall sail past the RC boat on its starboard side after racing concludes each day and inquire if they are to be measured the day. Boats selected shall then follow directions of the Race Committee

20. OFFICIAL BOATS

Class of Boat	Flag Flown
Jury	Yellow Flag with black "J"
Coaches	White Flag with black numbers
Special Tow boats	White Flag with black "T"
Signal	When not racing will display "Bravo".
Spectator boats	May Fly a club burgee
Photographer	White Flag with Camera
Safety Boat	White flag with Red Cross

21. SUPPORT BOATS

Coaches and other support persons shall stay outside areas where boats are racing (refer to Appendix C) from the time of the warning signal until the Daily Flight schedule has been completed or the race committee delays racing (flies "Bravo"). **[DP]**

22. TRASH DISPOSAL

Trash may be placed aboard support or official boats

23. RADIO COMMUNICATIONS

- 23.1** Except in an emergency, a boat that is racing shall not make voice or data transmission and shall not receive voice or data communication that is not available to all boats. **[DP]**
- 23.2** The Race Committee may transmit safety and other information on VHF Channel 6.
- 23.3** All coach boats shall have VHF radios and monitor them throughout the regatta.

24. PRIZES

CODA awards will be presented to the Overall Champion, the first Canadian male, the first Canadian female and Sportsmanship Award. The Regatta OA prizes shall be awarded to the top 15 overall finishers, top 3 females, top 3 finishers in each age group (red, white, blue) and a participation award to every boat in the green fleet. Other prizes may be awarded at the discretion on the **OA**.



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25. DISCLAIMER OF LIABILITY

Competitors participation in the championships entirely at their own risk (RRS. 4, Decision to Race). The Organizing Authority will not accept any liability for material damage or personal injury or death sustaining in conjunction with or prior to, during, or after the championship, to the full extent of Canadian law.

26. INSURANCE

Each participating boat shall be insured with valid third-party insurance with a minimum overage of 1,000,000 CAN per incident or the equivalent.



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SECTION 4 QUALIFYING SERIES PARTICULARS

1. RACE SCHEDULE

1.1. Racing days includes Friday August 16th and Saturday August 17th.

Day	Activity	Opening Time	Launch Ramp Opens	Earliest Warning Signal	Latest Warning Signal	Protest Time Begins
Friday Aug. 16 th	Breakfast	0800				
	Coaches Meeting	0900				
	Sailor's Meeting	0930				
	Racing		On Flight Flag	1100	1600	When Signal Boat Docks after the last race of day
Saturday Aug. 17 th	Breakfast	0800				
	Coaches Meeting	0900				
	Racing		On Flight Flag	1100	1600	When Signal Boat Docks after the last race of day

1.2. On the first day of racing a maximum of three (3) races shall be held;

1.3. If 3 races are not completed by the end of racing Saturday, qualifying races will continue on subsequent days.

1.4. If no races are completed by end of racing Sunday August 18th, the qualification series will continue on subsequent days until **each flight has completed one race even if each flight has not raced against every other flight.**

1.5. Starts that are abandoned for any reason shall have priority for re-sailing in any race in the schedule.

2. FLIGHTS

2.1. Competitors will be randomly divided into flights with equal numbers (+-1) in each flight.

2.2. Flight Start sequence shall be indicated by the standard Optimist "yellow", "blue", "white", and "red" flags.

2.3. There will be no more than four (4) flights.

2.4. Flights will be started according to the Daily Flight Schedule.

2.5. The assignment of flight numbers for the next day takes place at 1900.



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Daily Flight Schedule		
Race 1	Start 1	Yellow & Blue
	Start 2	Red & White
Race 2	Start 3	Red & Blue
	Start 4	Yellow & White
Race 3	Start 5	Yellow & Red
	Start 6	Blue & White

3. SCORING

When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst race.



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SECTION 5 CHAMPIONSHIP SERIES PARTICULARS

1. FLIGHT ALLOCATION

- 1.1. The number of flights shall be at most two (2) “Gold” and “Silver”.
- 1.2. After the qualifying series is completed, then half of the boats with the lowest point are assigned to the Gold Fleet. If the number of competitors is odd the mid competitor is assigned to the Gold Fleet. If the last ranked competitors in the Gold Fleet is tied with other competitors these are also include in the Gold Fleet. The remaining boats are assigned to the Sliver Fleet.
- 1.3. The first ranked shall be allocated to the “gold” fleet, the next ranked to the “sliver” Fleet.
- 1.4. Appendix A8 shall not apply. Tied boats shall stay in the same flight.

2. RACE SCHEDULE

Day	Activity	Opening Time	Launch Ramp Opens	Earliest Warning Signal	Latest Warning Signal	Protest Time Begins
Monday August 19 th	Breakfast	0800				
	Coaches Meeting	0900				
	Sailor’s Meeting	0930				
	Racing		On Flight Flag	1100	1600	When Signal Boat Docks
Tuesday August 20 th	Breakfast	0800				
	Coaches Meeting	0900				
	Racing		On Flight Flag	1000	1400	When Signal Boat Docks
	Awards Presentation	1630				

- 2.1. **Racing days nominally include Monday August 19th and Tuesday August 20th. The Qualifying series may extend into these days.**
- 2.2. There shall be no more than four (4) races per day.
- 2.3. One race shall constitute a series
- 2.4. There shall be no more the six (6) races in a series
- 2.5. If one or no races have been completed by end of Monday August 19, 2019 the “gold” flight will take priority.

3. SCORING

- 3.1. When six or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst race.



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SECTION 6 TEAM RACING

1. RACE SCHEDULE

If three or more races are sailed in the qualifying rounds by the end of racing on Saturday August 17th, team racing will take place.

Day	Activity	Opening Time	Launch Ramp Opens	Earliest Warning Signal	Latest Warning Signal	Protest Time Begins
Sunday August 18 th	Breakfast	0800				
	Coaches Meeting	0900				
	Sailor's Meeting	0930				
	Racing		On Flight Flag	1100	1600	When Signal Boat Docks after the last match of the day

2. TEAM REGISTRATION

- 2.1. Teams shall register by 1800 Saturday August 17th, including the names of the team members, their club affiliation and the province, region or country they represent.
- 2.2. Each team's number and initial placement for racing shall be posted by 2000 Saturday August 17th on the official notice board.
- 2.3. No more than 12 teams may register.

3. THE COURSE

The diagram in Appendix D shows the course, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.

4. MARKS

- 4.1. Marks will be yellow (port rounding) and orange (Starboard rounding) tetrahedrons.
- 4.2. New marks, as provided in SI 12.1, will be a different colour tetrahedron or black banded.

5. THE WARNING

At or before the warning, if judges are on the course the code flag "Juliet" will be displayed.

6. THE START

The teams to race will be signaled by their team number. The start line shall be between spars flying orange flags, the starboard end flag on an anchored boat and the port end flag on a pin mark.



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7. THE FINISH

The finish will be between spars flying blue flags; the starboard end being on anchored boat and the port being on a pin mark.

8. PENALTY SYSTEM

RRS Appendix P and D will apply. RRS Appendix D2.6 (limited umpiring) will apply.

9. TIME LIMITS AND TARGET TIMES

Time Limits	Target Time
20 minutes	15 min

When target time has been reached, the Finish boat will sound a long signal. A Team failing to finish within 5 minutes after this sound time will be declared the losing team. This changes RRS 35, A4, and A5.

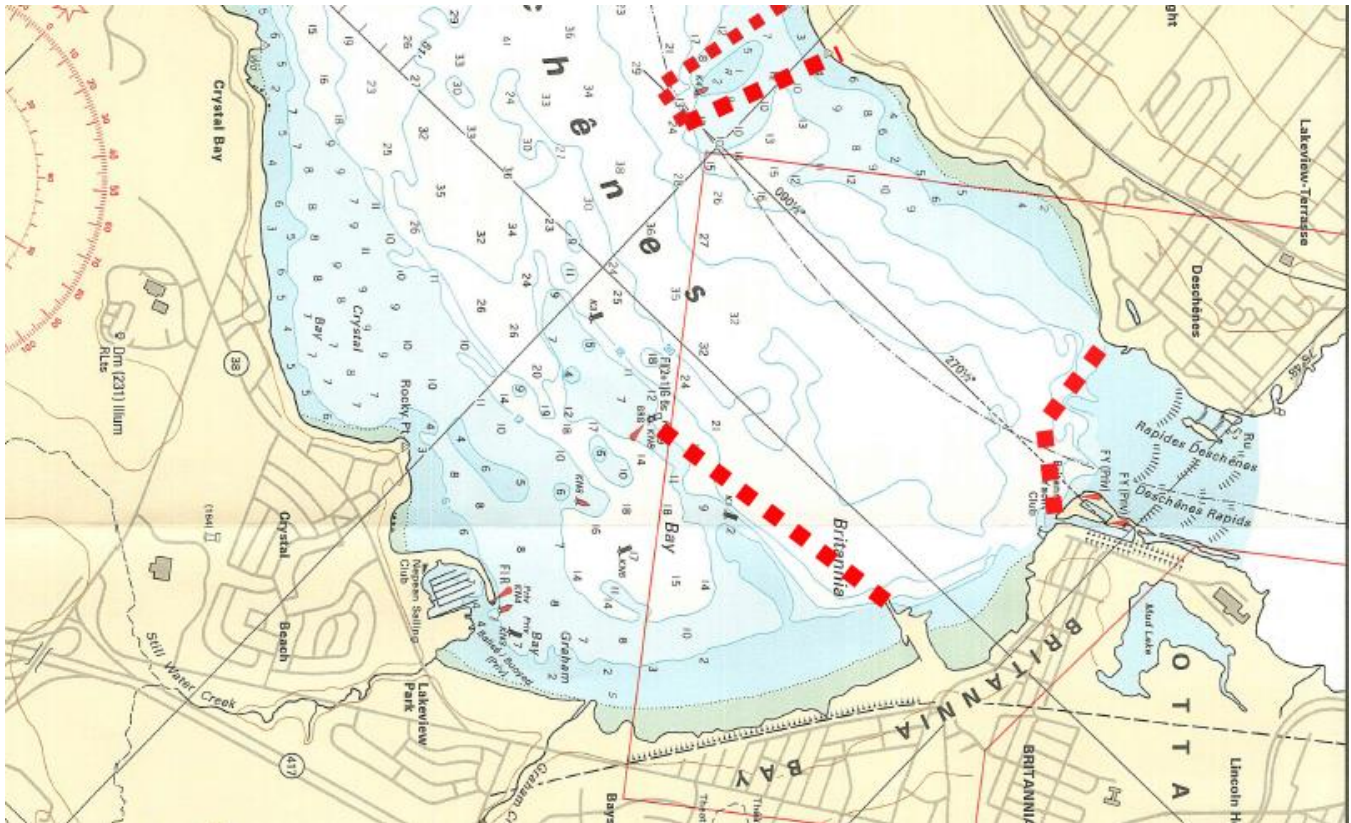
10. RACE FORMAT

- 10.1.** The format will depend on the number of teams entered. If 8 or fewer team enter, the format shall be a modified round robin, wherein any team that loses two races shall be “knocked out”, if more than 8 teams are entered, then a pure knock out series shall be run, whereby any team that loses a race shall be “knocked out”.
- 10.2.** Initial rounds will be randomly selected and posted on the official notice board by Sunday 0900, August 18th.
- 10.3.** After each team has raced one race, the Race Committee shall attempt to schedule the teams with the most “laytime”.
- 10.4.** A Team failing to start within 4 minutes of their start time will be scored DNS.
- 10.5.** The Race Committee may signal the next match after the target time has been reached.
- 10.6.** For an incomplete team racing event, RRS Appendix D4.7 will be used to decide a winner(s).



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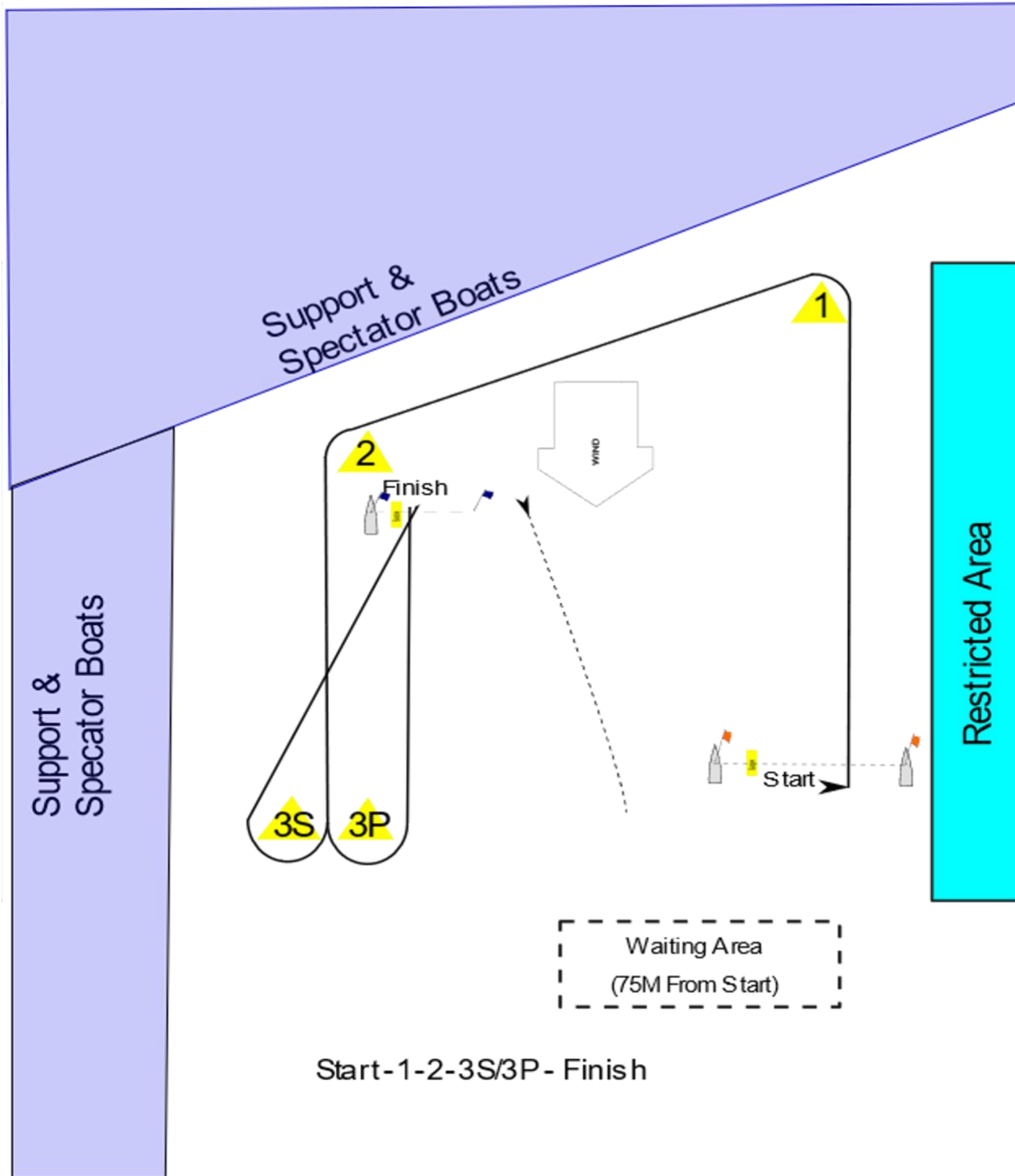
APPENDIX A COURSE AREA





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APPENDIX C – QUALIFYING & CHAMPIONSHIP COURSE

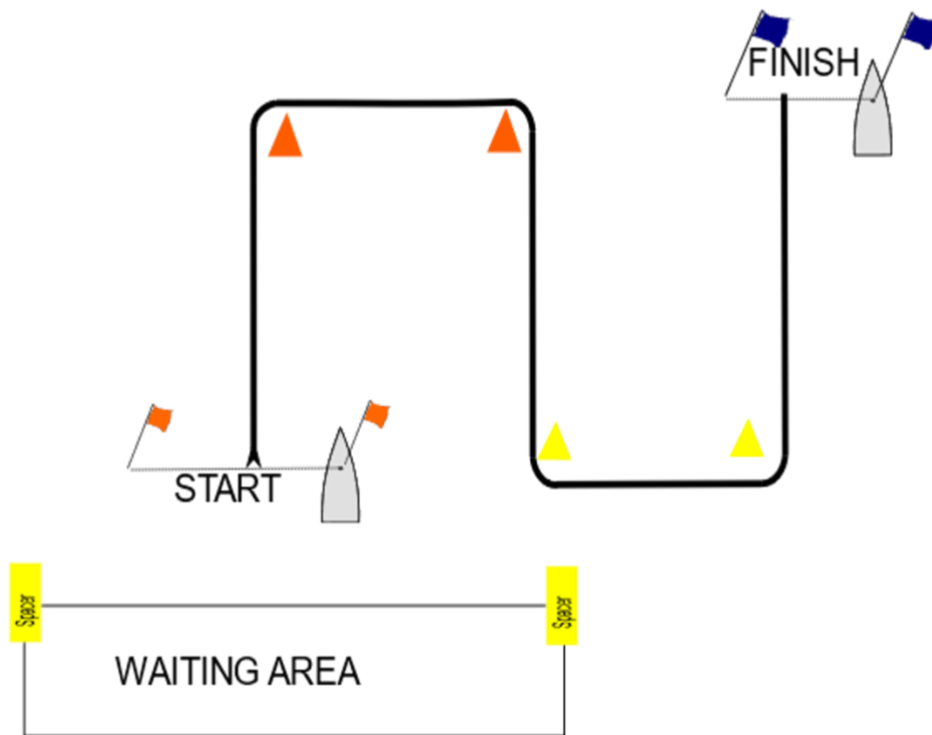




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APPENDIX D TEAM RACE COURSE

TEAM RACING COURSE





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